



Good Shepherd Ministry Center El Cajon, California

- Bethlehem Food Pantry
- Good Shepherd's Gentle Yoga Classes
- Little Lambs Diaper Program
- Period Supply Program
- Shepherd's Closet
- Learn & Dine – NEW!



Bethlehem Food Pantry

El Cajon, California
East San Diego County



Serving 250 families
every Saturday morning
in a market-style setting



Learn & Dine

An Initiative of the
Good Shepherd Ministry Center of El Cajon

FREE Nutrition Workshops

Learn how to plan balanced, tasty meals:

- » Participate in fun activities and demonstrations
- » Enjoy samples of the foods made each evening
- » Get simple strategies for healthful eating
- » Last Wednesday of every month at 5:30 p.m.
- » 772 S. Johnson Avenue in El Cajon

Cuisine prepared by

Grossmont Community College Culinary Arts Program

Food provided by

Feeding San Diego and Jacobs & Cushman San Diego Food Bank
in partnership with the Bethlehem Food Pantry

"2021 Top Nutrition Pantry Award" Winner 

For more information and to sign up contact:

foodpantry@foothillsumc.org

Community Partners:



Susan Naslund, CLM, Director
Bethlehem Food Pantry at the
Good Shepherd Ministry
Center

Connect with us at
foodpantry@foothillsumc.org

(619) 442-9491